

Love Series - Loving Words!

# THE HEALING POWER OF POSITIVE WORDS

Proverbs 12:18; 15:4; 16:24



MAY YOU HAVE THE POWER  
TO UNDERSTAND ...

how wide, how long,

HOW HIGH,

AND  
HOW  
DEEP

HIS LOVE IS. --Ephesians 3:18

Compassion  
in Action

I was hungry and you gave Me food;  
I was thirsty and you gave Me drink;  
I was a stranger and you took Me in;  
I was naked and you clothed Me;  
I was sick and you visited Me;  
I was in prison and you came to Me

In Practice

Luke 10:37 (TNIV)  
37 The expert in the law replied, "The one who had mercy on him." Jesus told him, "Go and do likewise."



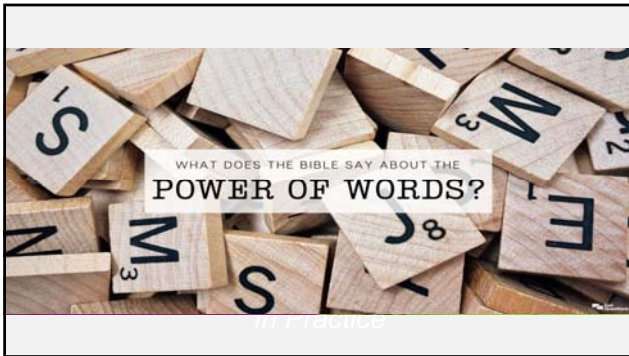
In Practice

The  
**RIGHT** word, in the  
**RIGHT** place  
at the **RIGHT**  
**time**, can soothe,  
calm and **heal**.

Inspirational quotations - write-out-loud.com  
In Practice



Let your conversation be always full of grace, seasoned with salt, so that you may know how



**INTRODUCTION**

**WORDS**  
have the power  
to hurt or heal!

**MAIN POINTS**

**1.**  
**Control Your**  
**IMPULSES &**  
**SPEAK WISELY!**

**Proverbs 12:18...**

***“Reckless words pierce like a sword, but the tongue of the wise brings healing.”***

**A) Recklessly  
Spoken Words Inflict  
Pain & Suffering**

---

Someone once said....

*“It’s nice to talk with people  
who can make a point without  
impaling anyone on it.”*

**B) Reflectively (Wisely)  
Spoken Words  
Bring Healing To  
The Already Hurting**

---



What can we do  
to learn to  
speak wisely?

**i) Always ask God  
to help you  
GUARD your tongue**

---

Psalm 141:3....

*“Set a guard over my  
mouth, O Lord, keep watch  
over the door of my lips.”*

**ii) Always THINK  
before you speak**

Before you speak....

**THINK!**

T - is it true?

h - is it helpful?

i - is it inspiring?

n - is it necessary?

k - is it kind?

Proverbs 16:23....

*“Intelligent people think  
before they speak;  
what they say is then  
more persuasive.”*

**iii) Always remember that  
your WITNESS  
for Christ  
is on the line**



**James 1:26...**

*“Those who consider themselves religious and yet do not keep a tight rein on their tongues deceive themselves, and their religion is worthless”*

## **2. Conquer Your BITTERNESS & SPEAK KINDLY!**

**Proverbs 15:4....**

*“The tongue that brings healing is a tree of life, but a deceitful tongue crushes the spirit.”*

**What we say to others  
and how we say it,  
is a REFLECTION  
of WHO WE ARE INSIDE.**



**Matthew 7:17,18,20....**

*“Likewise every good tree bears good fruit, but a bad tree bears bad fruit. A good tree cannot bear bad fruit, and a bad tree cannot bear good fruit.  
...Thus, by their fruit  
you will recognize them.”*

**A) Healing Words Comes From A HEALTHY HEART**

The fruit of a  
healthy tree  
is  
**GOOD FRUIT!**



**B) Hurtful Words Comes Out Of A HURTING HEART**



**HURTING** people speak hurtful words.

**ANGRY** people speak angry words.



**BITTER** people speak bitter words.  
**CRITICAL** people speak critical words.



So what can we do to learn to speak kindly?



**i) FILTER OUT all toxic-waste in your life**

**Ephesians 4:31...**

**“Get rid of all bitterness, rage, and anger, brawling and slander, along with every form of malice.”**

**First, FORGIVE**  
everyone who has hurt you.



**Colossians 3:12,13....**

***"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you."***

**Second, ACCEPT**  
whoever and whatever you cannot change and trust God for sustaining



**ii) INFUSE YOUR LIFE with the fruit of a Christ-like spirit**

**Ephesians 4:32....**

***"Be (become) kind and compassionate to one another, forgiving each other, just as in Christ, God forgave you."***

**3.**  
**Correct Your**  
**ATTITUDE &**  
**SPEAK POSITIVELY!**

**Proverbs 16:24....**

***"Pleasant words are a honeycomb, sweet to the soul and healing to the bones."***

The **honeycomb** is a marvelously designed arrangement of cells that are filled with nectar.

Your words are a  
**“REFLECTION”** of  
what is inside of you

Our **“WORDS”** are just like  
honey – its a reflection of what



**Matthew 15:17-19...**

*“...The things that come out of  
the mouth come from the heart,  
and these can make a person  
'unclean'...”*

**Matthew 15:17-19...**

*.... For out of the heart come evil  
thoughts, murder, adultery,  
sexual immorality, theft, false  
testimony,  
slander. ”*

**What can we do to  
make sure our words  
have **POSITIVE IMPACT**  
on others?**

GOD CREATED THE WORLD WITH WORDS  
**SPEAK**  
POSITIVE THINGS  
INTO EXISTENCE NOW.  
NO MATTER HOW **BIG** THEY ARE

1. **Examine your words.**
2. **Ask God to give you a clean heart and a renewed spirit (remember the overflow comes from the flow of Christ in your life).**
3. **Make a conscious effort to encourage others daily.**



**Psalm 51:10,15...**

*“Create in me a clean heart, O God,  
and renew a  
right spirit within me. ....  
O Lord, open my lips,  
and my mouth will declare  
your praise.”*