

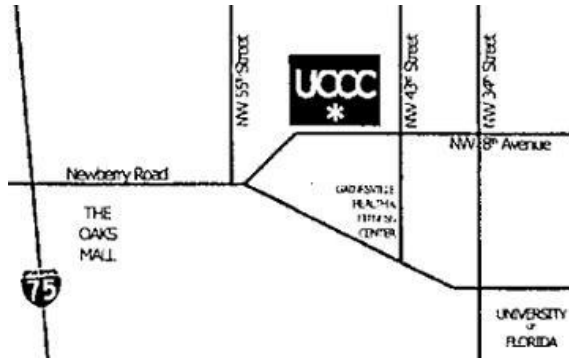
People to contact for B-12 or other aspects of our recovery ministry:

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## UNIVERSITY CITY CHURCH OF CHRIST

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[www.universitycitychurchofchrist.org](http://www.universitycitychurchofchrist.org)  
[www.facebook.com/UniversityCityChurchofChrist](https://www.facebook.com/UniversityCityChurchofChrist)  
[www.gatorsforchrist.org](http://www.gatorsforchrist.org)



### Prayer for Serenity

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time; accepting hardship as a pathway to peace; taking as Jesus did, this sinful world as it is; not as I would have it; trusting that You will make all things right if I surrender to your will; so that I may be reasonably happy in this life and supremely happy with You forever in the next. AMEN

*Reinhold Neibuhr*

### Sunday Assemblies:

Bible classes.....9:30 a.m.

Worship.....10:30 a.m.

Worship.....6:00 p.m.

### B-12 Step Study

Monday.....7:00 p.m.

Wed Bible Classes.....7:00 p.m.

To find out about our activities and ministries, call or go to our website at [www.universitycitychurchofchrist.org](http://www.universitycitychurchofchrist.org).

# B-12

## A Bible-Based 12-Step Recovery Meeting



Artwork by Betty Jones

# Bible-Based 12-Step Recovery Meeting

- Bible-Based
- Christ-Centered
- 12-Step Study

An independent, open co-educational meeting. A safe place where your confidentiality is respected.

## WHO NEEDS IT?

Persons afflicted with any addiction—alcoholism, drug addiction, other dependencies, co-dependent issues, or family dysfunction, as well as persons re-entering the community from detoxification or treatment facilities.

## WHAT'S IT ALL ABOUT?

- ✓ Learning the principles of a 12-step recovery life, finding comfort in each new day, one day at a time.
- ✓ Discovering hope and finding fellowship and understanding.
- ✓ Creating a better way of living and sharing similar problems, protected by anonymity.

## WHY BOTHER?

B-12 is not a “sure cure for what ails you.” It is, however, a resource for those seeking support as they travel the difficult and challenging road of recovery from addiction. B-12 is not designed to replace counseling, medical care, personal effort, or any other support group or program. It is designed with one purpose in mind: **to provide a safe place** where those in recovery can voice their opinions and life experiences without fear of condemnation, rejection, or judgment.

## WHY BIBLE BASED?

Participants in a 12-step meeting attest to the very real need for spiritual guidance as a part of the recovery process. B-12 is not a religious organization or counseling agency. It is not a treatment center. B-12 does not express opinions on issues outside the confines of addiction and recovery, nor does it endorse outside enterprises.

## WHAT IF I DON'T BELIEVE?

Although B-12 uses the Bible and special recovery materials as resources, non-Christians are happily welcome to attend meetings. B-12 meetings are not solely confined to the use of the Bible. A number of translations of the Bible are often referred

to, along with 12-step materials and resources.

## WILL I BE OBLIGATED TO JOIN?

There is no membership fee to join B-12. Feel free to come once, or as many times as you like. B-12 is solely supported by its members, who make small donations when possible. (Funds are used to buy books and materials for the group as well as snacks before and during the meeting.) There is no obligation to join, no fee requirements. Attendance is voluntary, requiring only that one's own life has been affected by problems associated with recovery, personally or by others.

## WHEN and WHERE TO MEET?

The step study meets for one hour on Monday nights at 7:00 pm in room 206 of the Family Life Center of the University City Church of Christ building.

Open meetings are conducted in a standard format, studying the steps and sharing our experience, strength, and hope with one another. Participants may share if desired, or pass if preferred. A comfortable, friendly atmosphere is maintained and positive attitudes are encouraged.